

> Requirement

Browser Requirement: Google Chrome, Firefox, IE

1. Logging Into Your Account

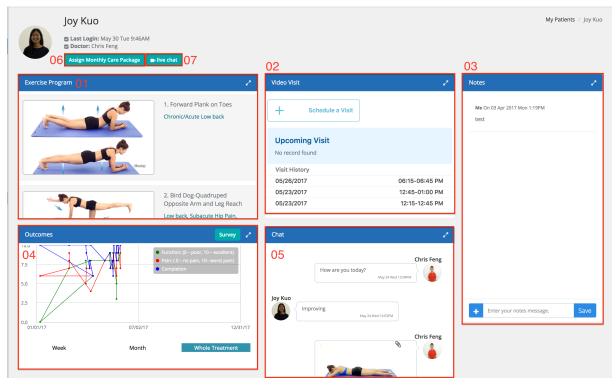
Open your browser then Log into Provider Website at: https://provider.bluejayhealth.com

2. Add Your First Patient

Go to My Patients > Patients List, Select **Add New** Button

Enter mandatory patient information

- *Legal guardian information is also required for patient who is under 18.
- 1. The patient will receive a **text message** and an **email** to guide them to download and install the patient app.
- 2. You will be taken back to Patient List and new patient name will be on the top.
- 3. You can select Patient Name to launch **Patient Dashboard** Click every blue **section bar** to get detail information:



- Exercise Program Section You can view the current exercise program of your patient and send out a new treatment plan to your patient.
- 2. <u>Video Visit Section</u> You can view visit history and select Schedule a Visit button to schedule a video consultation with your patient.
- 3. **Notes Section** You can leave your internal note of the patient here.



- Outcomes Section You can view the log progress of your patient and you can select the green Survey button to view Survey Result of your patient.
- 5. <u>Chat Section</u> You can send text/audio messages, images and also do a live chat with your patient.
- 6. <u>Assign Monthly Care Package</u> You can assign patient a monthly subscription package by selecting this button.
- 7. **Live Chat** You can start a live chat with your patient by selecting this button.

3. How To Build Your Pre-Group Exercises (Add Exercises To Your Favorites)

1. Go To **My Favorites Page >Plus button** to create a new favorite library.



Enter the name of your Favorite List then select Next button to add videos.



2. You can select where to add videos to your Favorite library

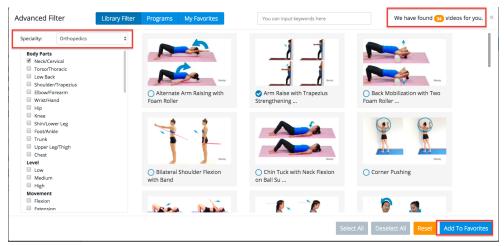


*Note: If you select **Upload From PC**, BlueJay Recommends to upload the videos in MP4 format and maximum size for each video is 64 MB.

3. Advanced Filter - If you select **Add from Bluejay Library** above, you will be taken to **Advanced Filter** window.

You can switch the **Specialty** on the top left drop-down list and select body parts. You will find search results on the right hand side and select the videos to **Add to Favorites**.





- 4. You can edit Reps, Sets and add text/audio instruction to your pre-group videos.
- 5. You can also share your pre-group list to other therapists by selecting **Save As Clinic** button to add your favorite list to clinic library.

 Save As Clinic
- 6. If you prefer to use the pre-group exercise videos from other therapists, you can go to Clinic Library to select the shared list then select **Save as My Favorite** button.



4. Prescribe an exercise program to your patient

- 1. You can go to **My Patients > Select Patient Name** to launch Patient Dashboard
- 2.On Patient Dashboard, click anywhere on **Exercise Program bar** to go to Treatment Page and select **New Treatment** button.



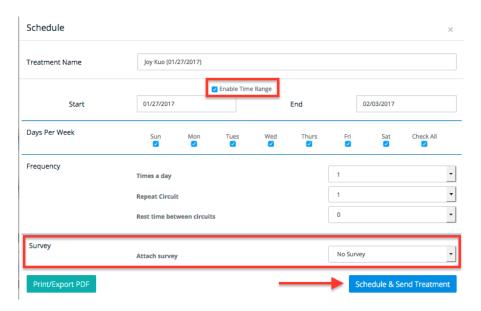
3. On Treatment Page, you can select **Add From Favorite button** to add your pre-group exercise videos to your exercise program.





4. Once you added your exercise videos, select **Next** button to Schedule page. You need to enable the Time Range and confirm the start date and end date. You can also attach a Survey with exercise program by selecting the drop-down menu.

Select **Schedule & Send Treatment** button to prescribe the exercise program to your patient.



5. Tracking outcomes from your patients

 You can track the outcomes of your patient from Patient List and Patient Dashboard. You can go My Patients> View Patient List on the right side

<u>Utilization(Weekly)</u> – To know if your patient logged into the APP this week.

<u>Status</u> – To see if your patient opened your prescription or ever logged into the APP

Progress / Survey Score –View your patient's progress and survey score

HEP Quick Guide - Provider Website





2. Select **Patient Name** to launch **Patient Dashboard** and Go To **Outcomes** section



- Click anywhere on the blue Outcomes section bar to view patient progress in details.
- Select the green Survey button on Outcomes section bar to launch Survey Result page.

6. Tell BlueJay Your Feedback

- Go To the left menu bar and select Help > BlueJay Support Platform to Access Support Materials
 - a. Click on Contact BlueJay Support Team to report an issue to BlueJay
- 2. Contact BlueJay Support Team at **support@bluejayhealth.com** for any issues while using the platform.

