

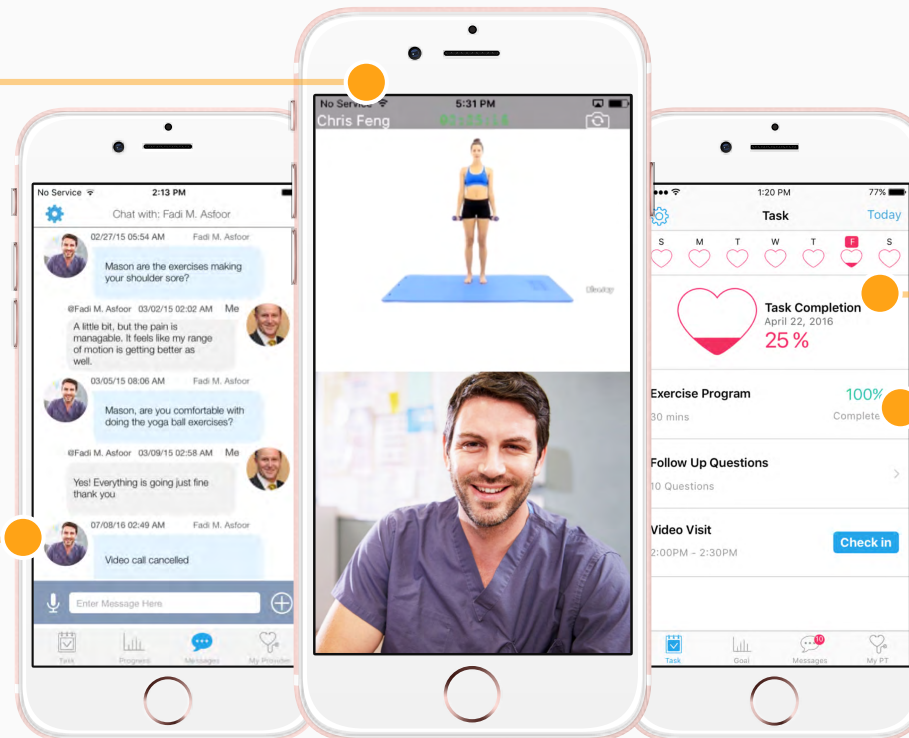
Your Trusted Companion guiding you through each step of your rehabilitation journey



Visit your provider remotely.
No more commuting in severe weather or bad traffic.



Exchange multimedia messages with your provider on a secure channel.



Track your progress at anytime and anywhere.



Receive customized home exercise programs prescribed by your provider.

Download the App Today!

Step 1 :

Please ask your provider to add you into the system before leaving their office. Check your email or a SMS for a download link and a temporary password.

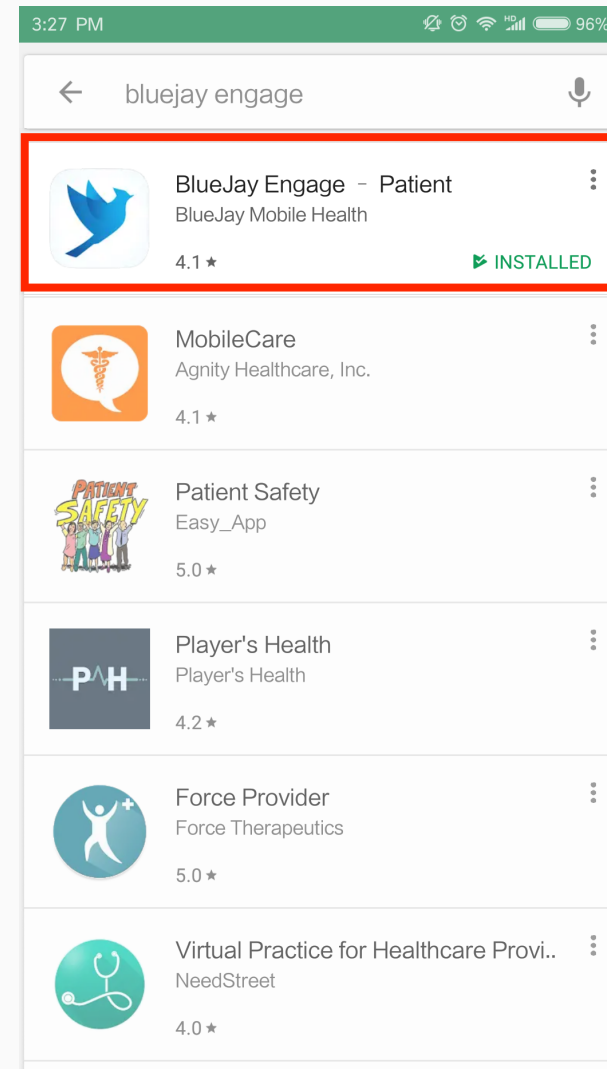
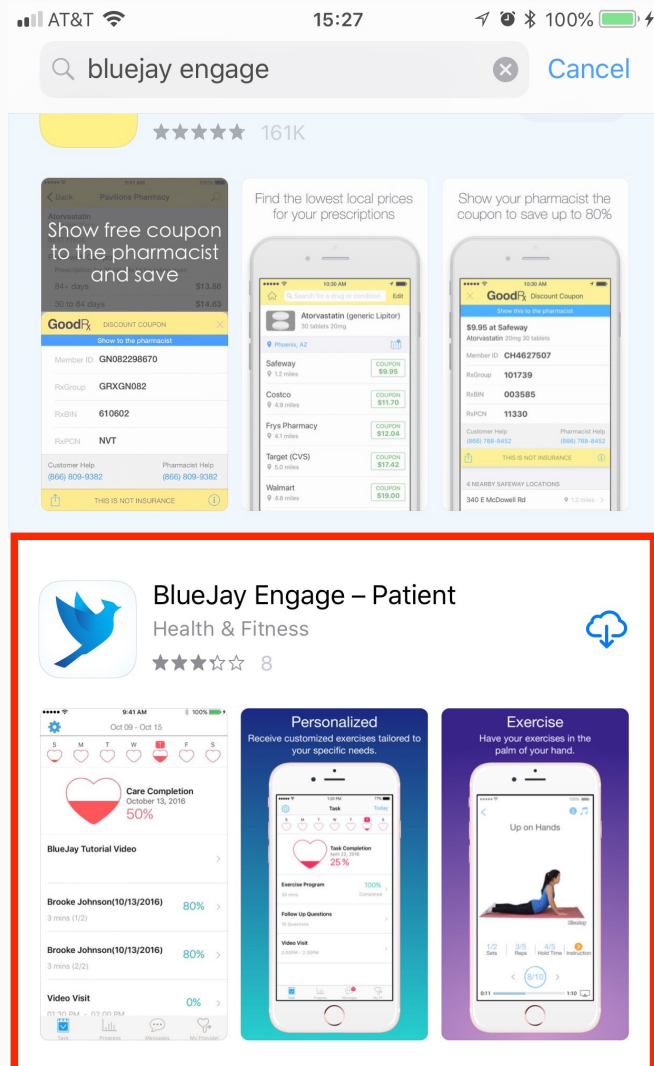
Step 2 :

Download the BlueJay Engage Patient App **FOR FREE** and enjoy the App!



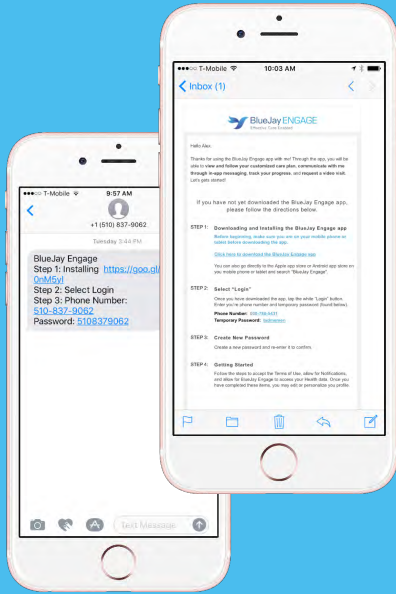
App available for both mobile phone and tablet

Go to App Store or Google Play Store (on your phone or tablet) then enter "bluejay engage" in the SEARCH BAR to download the patient app.



Step 1

Tap on the link in the **Email** or **SMS** to download the APP.



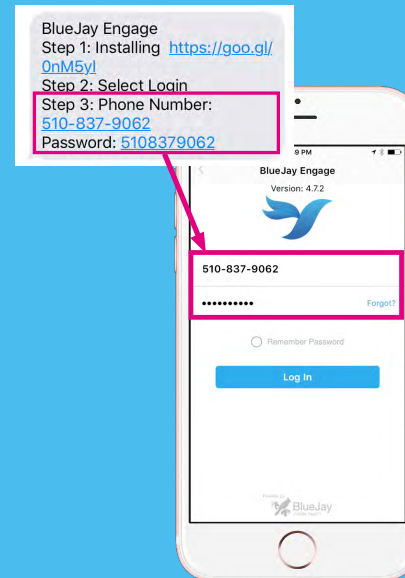
Step 2

Launch App and Tap on the **Login** button to start.

Login

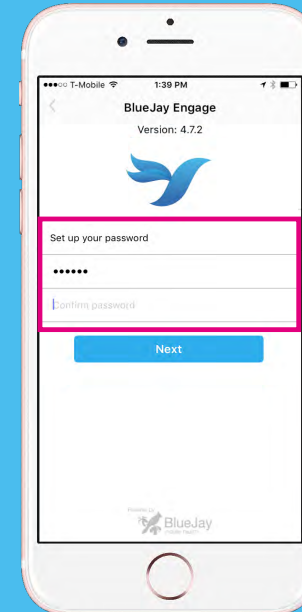
Step 3

Enter your **Phone Number** and **Temporary Password** in the login page (found in your email or SMS)



Step 4

Create a **New Password** (no less than 6 letters or numbers) and complete the activation process.



Step 5

Great!!

You are all set.
Enjoy the app!



BlueJay**ENGAGE** Patient App

How to Activate Your Account

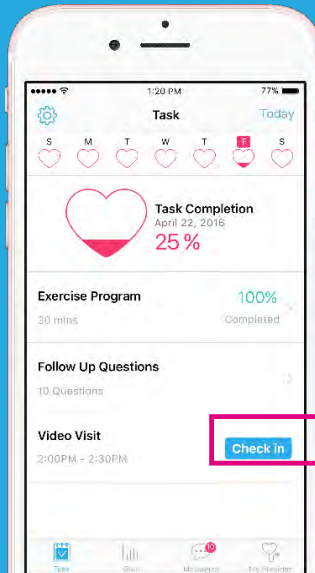
Before getting started

- * Please ask your provider to add you into the system before leaving their office.
- * Check your email or a SMS for a download link and a temporary password.

Step 1

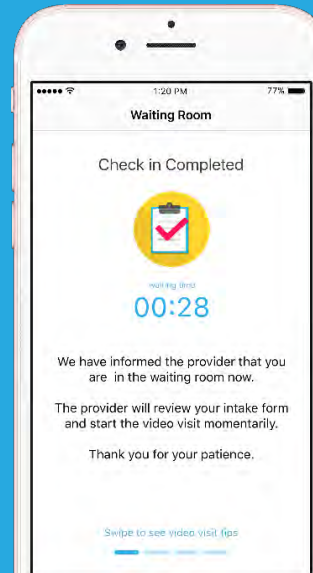
Launch the app **15 minutes** before the Video Visit. Tap on the **Check In** button on the task page to start checking in.

(Check In button is only available 0-15 mins before the Video Visit)



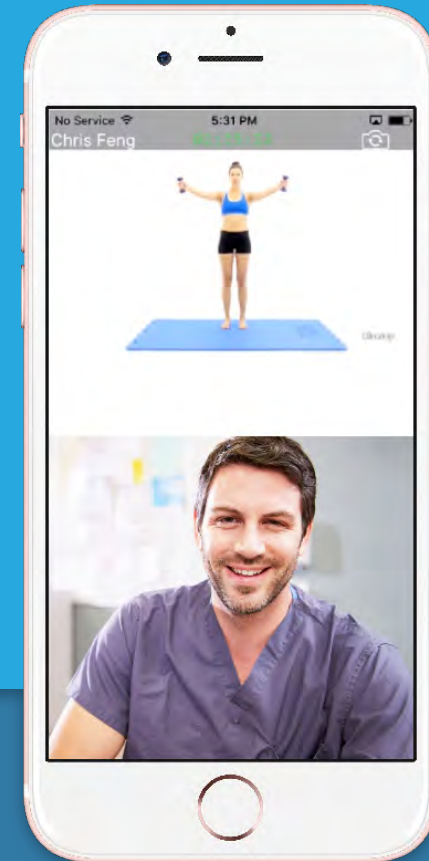
Step 2

You will be sent to the **Waiting Room** after completing the check in process. Your provider will start the Video Visit when ready.



Step 3

Enjoy the **awesome** Video Visit experience!



BlueJay**ENGAGE** Patient App

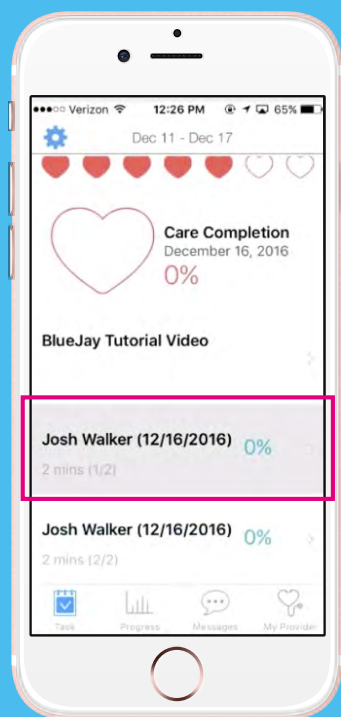
How to Start a Video Visit?

Before getting started

* Contact your provider to schedule a Video Visit.

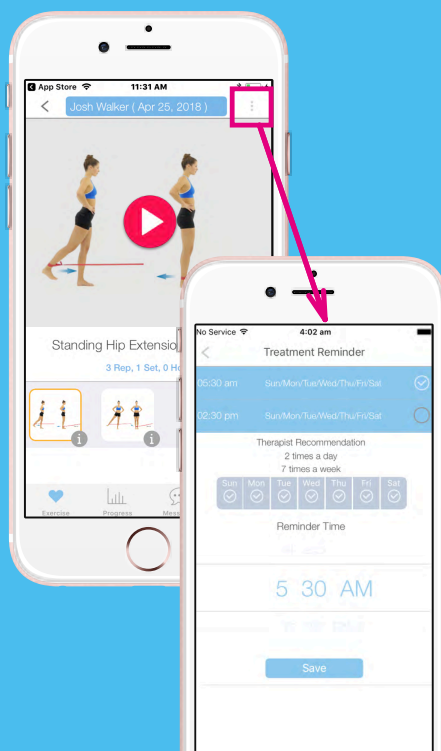
Step 1

Tap on the Home Exercise Program you wish to complete from the **Task Page**.



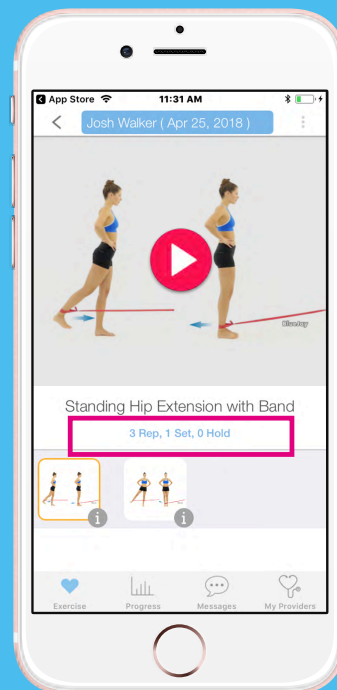
Step 2

Tap on the **three dot icon** to see the prescribed exercise frequency. Set up a **Reminder** for the time you would prefer to perform your exercise.



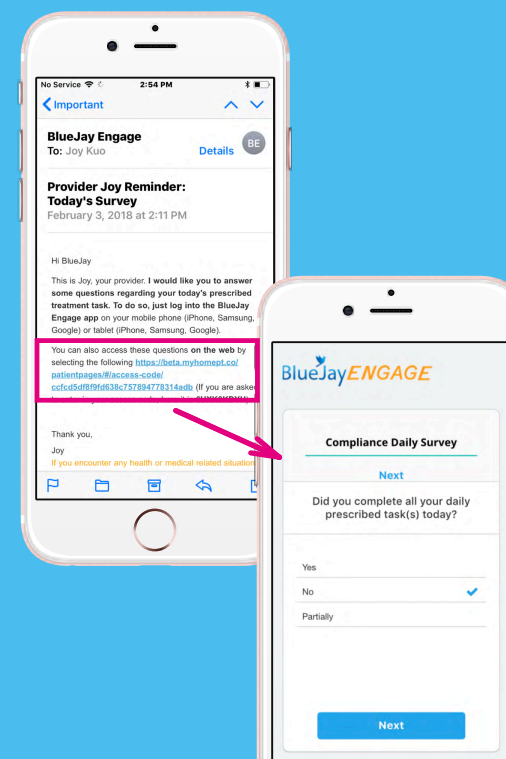
Step 3

Play the video by tapping on the **Play Button**, to start the exercise. Follow the video and complete the **Rep, Set, and Hold time** as prescribed.



Step 4

If you didn't access to the exercises, you will receive a daily survey in the email to **log your compliance**. Your health provider can better assess and adjust your treatment based on your condition.



BlueJay**ENGAGE** Patient App

How to Access Your Exercises?