User Manual for BlueJay*Engage*



Engage Patients, Enhance Care

Table of Contents

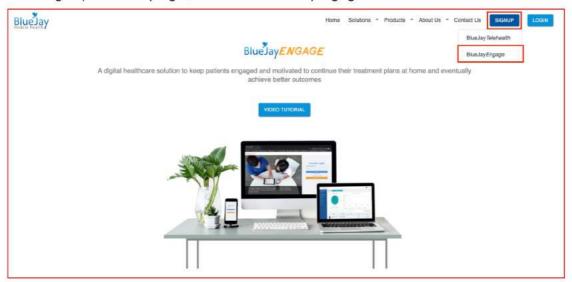
- 1. Sign Up
 - 1.1 Register Your Account
 - 1.2 Profile Set-Up
- 2. My Patients
 - 2.1. Add New Patients
 - 2.2. Edit Existing Patient's Profile
 - 2.3. Compliance & Outcomes
- 3. Patient's Personal Dashboard
 - 3.1 Dashboard
 - 3.1.1. Exercise Program
 - 3.1.2. Chat
 - 3.1.3. Notes
 - 3.2. Goal & Outcomes
 - 3.3. Visits & Reports
 - 3.4. Surveys & Materials
 - **3.4.1.** Survey
 - 3.4.2. Materials
 - 3.5. Care Team & Referral
 - 3.6. Concierge Package
 - 3.7. Diagnosis Code (Premium Feature, Beta Version)
- 4. Manage Region and SNF (For Skilled Nursing Facility Users)
 - **4.1.** Region (Organization Admin Only)
 - 4.2. Providers
 - 4.3. SNF
 - 4.4. SNF Providers
 - 4.5. Patients
- 5. Messages
- 6. Event Schedule
 - 6.1. Schedule
 - 6.2. Upcoming Visit
 - 6.3. Built-in Features During Telehealth Calls
 - 6.3.1. Control Panel
 - 6.3.2. Exercise Program
 - 6.3.3. AI ROM & Manual ROM
 - 6.3.4. S.O.A.P Notes
 - 6.3.5. Screenshot
 - 6.3.6. Whiteboard & Screenshare
 - 6.4. Visit History
 - 6.5. Video Visit Usage
- 7. Favorites
- 8. Library
 - 8.1. Clinic Library
 - 8.2. BlueJay Library
 - 8.3. ICD Library
- 9. My Account
 - 9.1. My Profile
 - 9.2. Contacts
 - 9.3. Billing
 - 9.4. Concierge & Setting
- 10. Performance

1. Sign Up

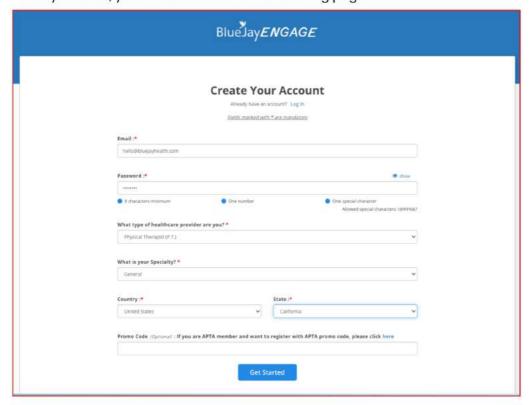
1.1. Register Your Account

BlueJayEngage is a digital healthcare solution that keeps your patients engaged and motivated to continue their treatment plans at home, and achieve better outcomes.

To sign up as a provider, visit BlueJay's website: www.bluejayhealth.com. Click "Sign Up" at the top right, then select "BlueJayEngage".



When you do so, you will be directed to the following page.



Fill in all the required information, and click "Get Started!" to create your account. You will receive an activation email from service@bluejayhealth.com once you submitted your details.

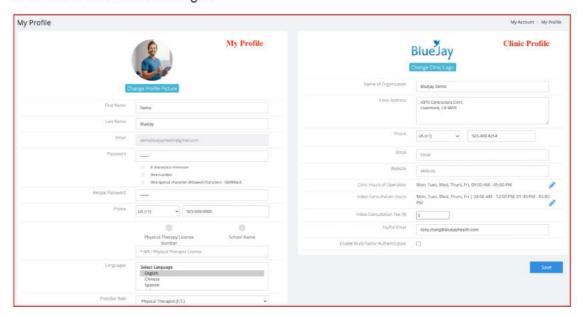
Check "Spam" or "Junk" folder if you don't find the email in your inbox.

1.2. Profile Set-Up

Once you successfully log into your account, you may update your profile from the top right corner of the page.

Open the dropdown menu, then select 'My Profile'. On the left-hand side, you can update your personal information, for instance, your contact number, user role, license number, etc.

If you are a clinic admin, you can also edit your clinic's information on the right-hand side. Click "Save" to save the changes.

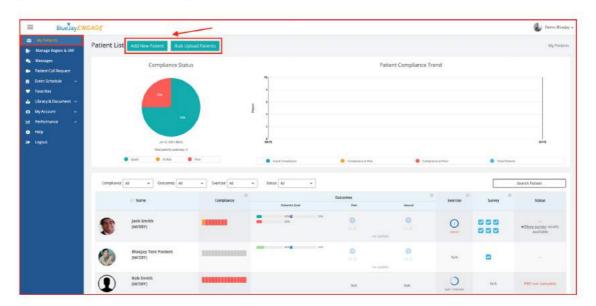


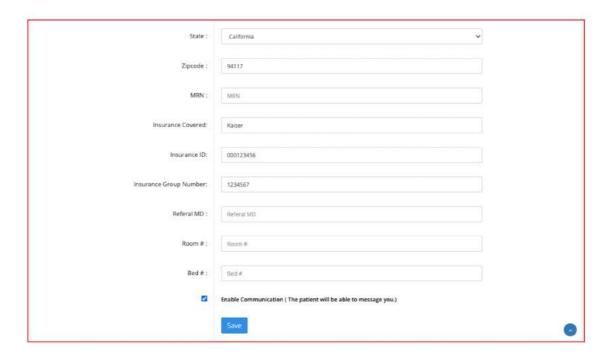
2. My Patients

2.1. Add New Patients

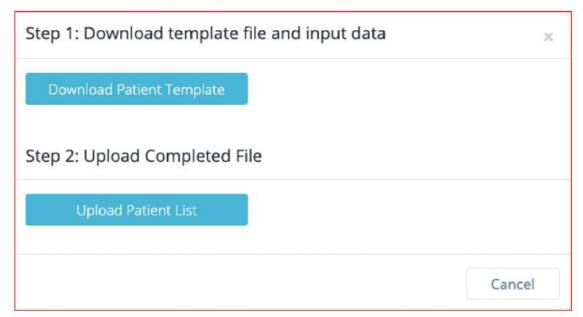
There are two options next to the 'Patient List'.

You can enter an individual patient by using the "Add New Patient" option. Fill in the relevant information of your patient and click "Save". Select the checkbox "Enable Communication" if you want to receive messages from this patient.





The "Bulk Upload" option allows you to add multiple patients at a time. When you click "Bulk Upload Patients", a pop-up will appear as the following screen

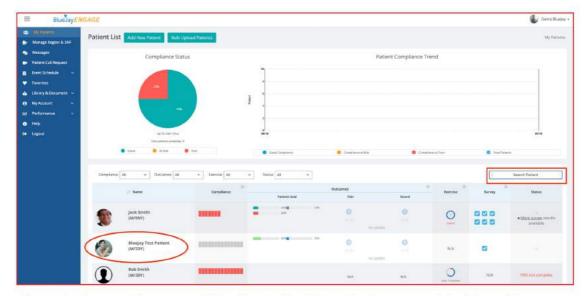


Click "Download patient template" to download our template to your computer. Fill in the relevant information of your patients, and then upload the patient list to the system.

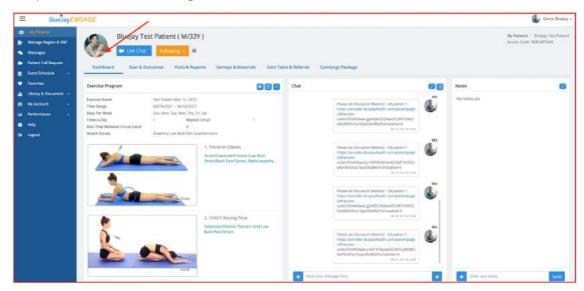
Please notice: Follow the format that we have provided in the template; do not leave any extra columns or rows. We recommend adding no more than 1,000 patients at a time.

2.2. Edit Existing Patient's Profile

To edit an existing patient's profile, click on the patient's profile picture in the 'Patient List'. You can also use the search box to help you narrow the results.



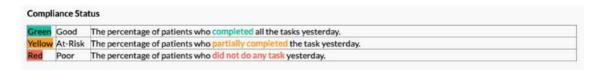
After selecting a patient, you will be directed to this patient's personal dashboard. Tap on the pencil icon to start editing.



2.3. Compliance & Outcomes

The following dashboard gives the overall status of your patients i.e. compliance status, outcomes data, survey results, and goal completion status.

Compliance Matrix:





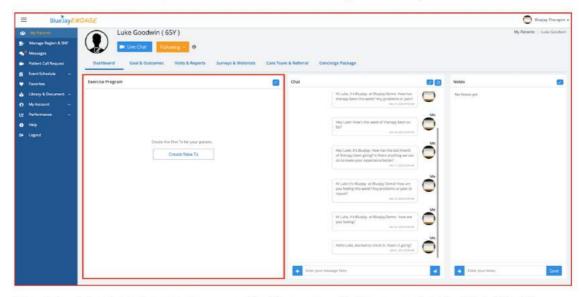
3. Patient's Personal Dashboard

A patient's personal dashboard helps you to keep the track of your patient's health journey in an efficient manner.

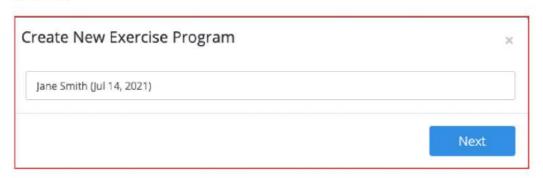
3.1. Dashboard

3.1.1. Exercise Program

Click "Create New Tx" to prescribe a Home Exercise Program to the patient.



The default treatment name is your patient's name with the current date. Click "Next" to continue.



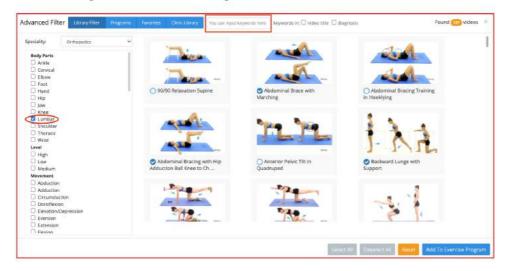
You can add videos from your favorite list, BlueJay library, your clinic library, or upload them from your PC.

We will show you how to create your favorite video list and how to build up your clinic library in section 7 and section 8.

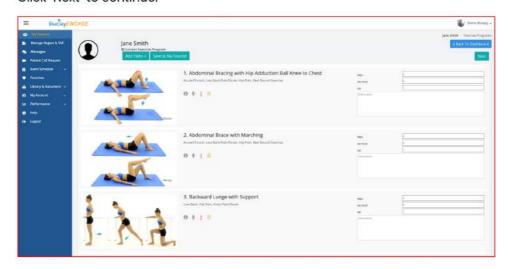
To add videos from the BlueJay library, click 'Add from BlueJay Library' from the 'Add Video' dropdown.



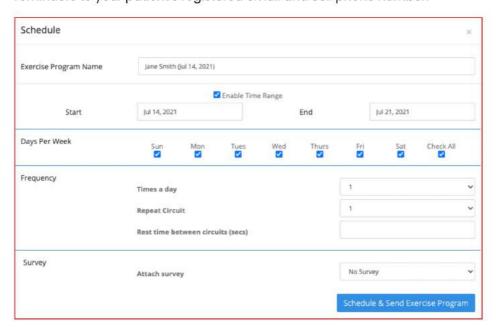
Select the videos you want to send to your patient. You can use the filters or the search box to help you narrow down the results. Once you select the required videos, click "Add to Exercise Program" at the bottom right.



You can assign the number of reps, sec hold, set, and add specific instructions if necessary. Click "Next" to continue.

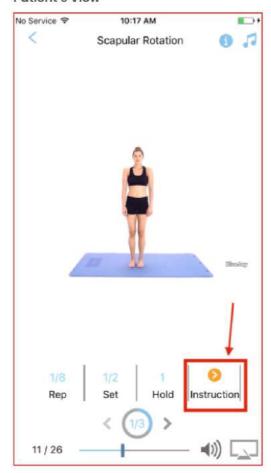


Adjust the date and frequency of the treatment. You can also attach a survey with the treatment. Click "Schedule & Send Exercise Program" to send the treatment plan and reminders to your patient's registered email and cell phone number.



If the patient has BlueJayEngage patient app installed on their mobile device, this patient will also receive our in-app notification.

Patient's View



To provide a handout of the prescribed treatment to your patient, select the Print/Export PDF button.



BlueJay Test Patient Exercise Program(s)

https://bit.ly/3i8Cdfy

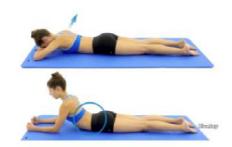
Exercise Program: Test Patient (Mar 14, 2021)

Therapist : Demo BlueJay

Time Range: Mar 16,2021 - Apr 18,2021 Days Per Week: Sun,Mon,Tue,Wed,Thu,Fri,Sat

Times a Day: 1, Repeat Circuit: 1, Rest Time Between Circuit (secs): 0

Attach Survey: Oswestry Low Back Pain Questionnaire



1. Prone on Elbows

Lumbar, Thoracic, Hip Acute/Subacute/Chronic Low Back Strain/Back Pain/Sprain, Radiculopathy

Rep: 5 Script: Lie on your stomach. Bring your chest up so you are resting on your forearms. Allow your lower back to extend and relax while keeping your legs

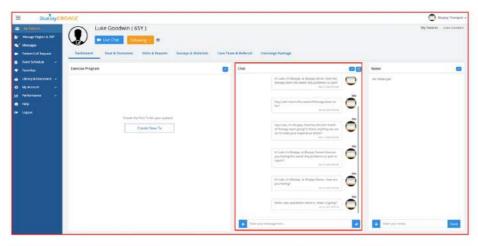
straight. Hold this position.

Comment:

3.1.2 Chat

You can send and receive text messages via BlueJay's HIPAA-compliant messaging system. Click on the "+" button to upload photos, files, or record voice memos.

For security purposes, your patients can only use the chat function through BlueJayENGAGE Patient Mobile App.

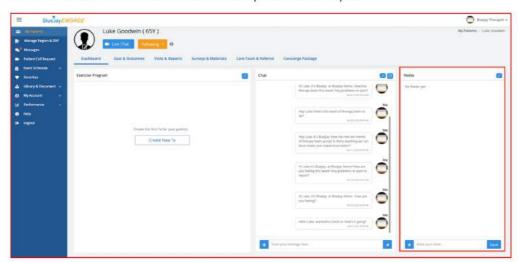




3.1.3. Notes

You can make notes or upload documents under the "Notes" section.

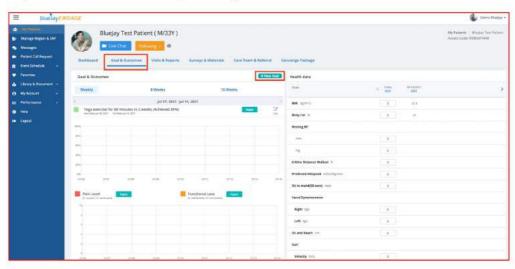
All the records under this section will only be visible to you.



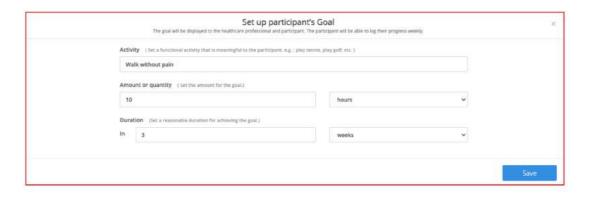
3.2. Goal & Outcomes

The "Goal & Outcomes" feature allows you to set a goal for your patient, and closely track their health progress.

Tap on "+ New Goal" to set up a new goal.



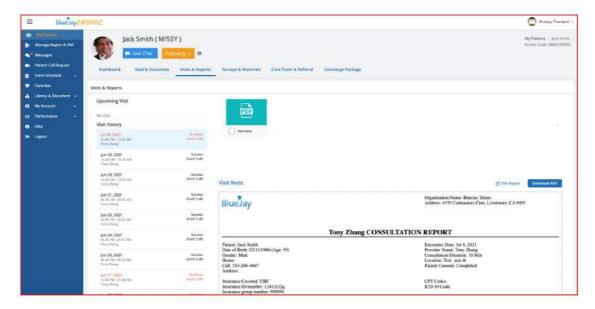
You will be asked to enter the details of this goal, i.e. type of the activity, quantity, duration, etc. After providing the information, click "Save".



BlueJay system sends out email surveys to help you collect the data on a weekly basis. Your patients can submit their current pain score, functional loss level, and completion rate through the weekly survey. As the provider, you can manually enter the data from the page above if necessary.

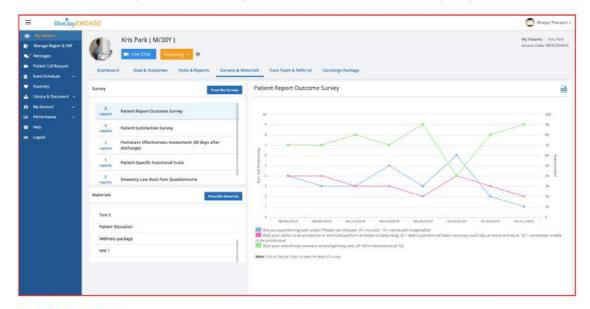
3.3. Visits & Reports

The "Visits & Reports" tab provides the details of the patient's visit history. You can view, edit, and download the reports from this page.



3.4. Surveys & Materials

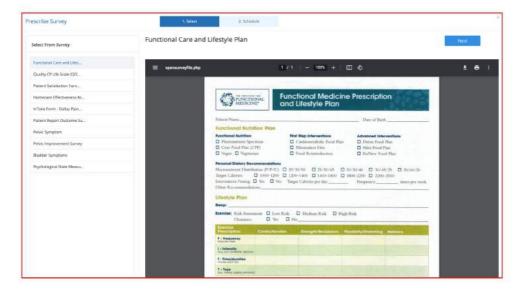
This feature allows you to send surveys and educational materials to your patients.



3.4.1. Survey

All the survey templates in the survey list are ready to use with no additional cost. BlueJay provides services to help the users digitalize surveys.

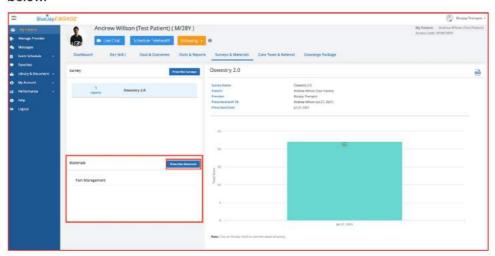
You can find more details about the digitalization service in section 8.1- Clinic Library.



3.4.2. Materials

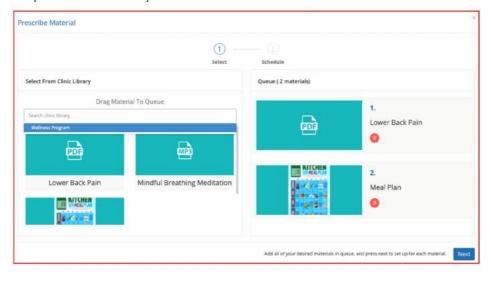
The "Patient Education" tool helps to increase adherence to medication and treatment. It ensures continuity of care and reduces medical complications.

Click the "Prescribe Materials" button in the "Materials" section as shown in the image below.



Select a folder from your clinic library. Drag the materials that you want to send to the right-hand side. Click "Next" to go to the schedule page.

You will find more information on how to upload educational materials to your clinic library in the chapter -8.1 Clinic Library.



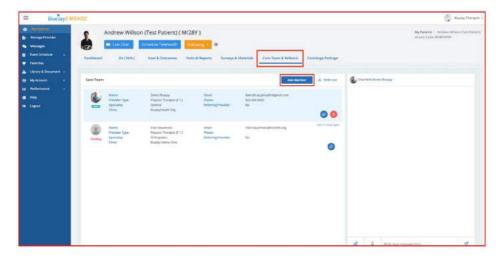
Enter the name of this service/program. You can schedule this service to be sent on a particular date. If you want to create recurring events, please set up the time range and the frequency. BlueJay system will send the materials and reminders based on your settings.



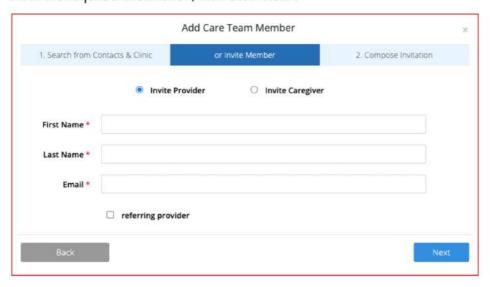
3.5. Care Team & Referral

The "Care Team" module promotes a patient-centered place for different types of providers to communicate and collaborate in a timely manner.

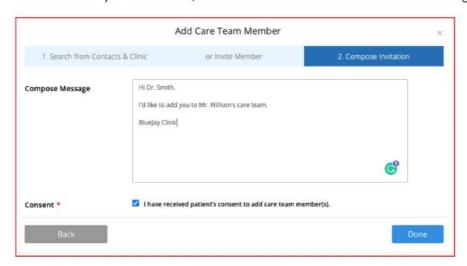
Select "Add Member" to invite a healthcare provider or a caregiver to this patient's care team. Select a team member from the list to start a conversation.



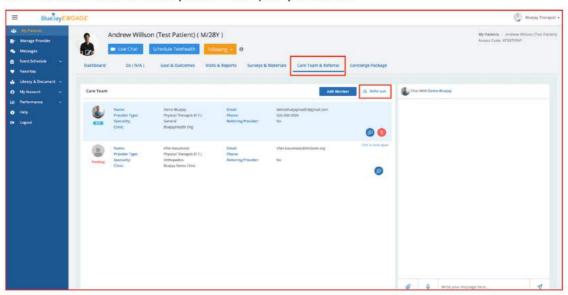
Fill in the required information, then click "Next".



You can modify the invitation, select the consent check box before sending it out.



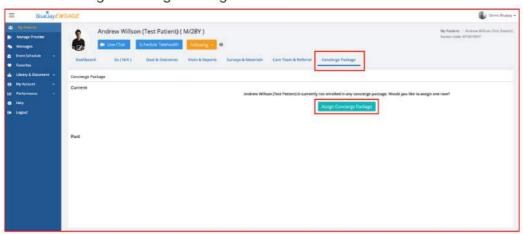
Click "Refer Out" option if you are referring the patient to a different clinic for further treatment. It will remove the patient from your patient list.



3.6. Concierge Package

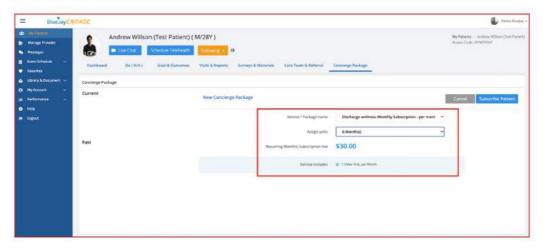
BlueJay Concierge Program helps you to increase the revenue while providing enhanced care.

Select the "Assign Concierge Package" button

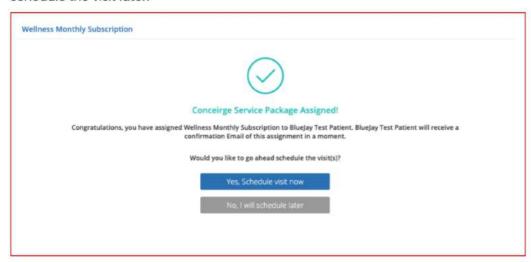


Choose a package from the menu and define the units. Tap on "Subscribe Patient" when you are ready.

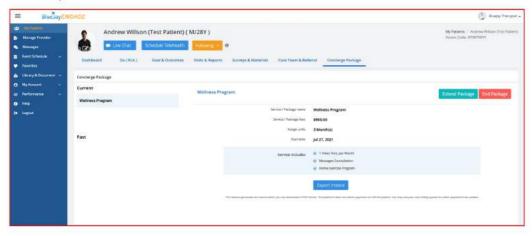
Please note that BlueJay will not handle the billing process; you can charge your patients through your clinic billing system.



Once the package is sent, you can either directly schedule the visit with the patient or schedule the visit later.



Click "Export Invoice" button to generate the invoice. The invoice will be generated as a PDF for you to collect payment through your medical billing system or your own merchant services/credit card service.





Your patient will receive an email notification of the services in their concierge package.

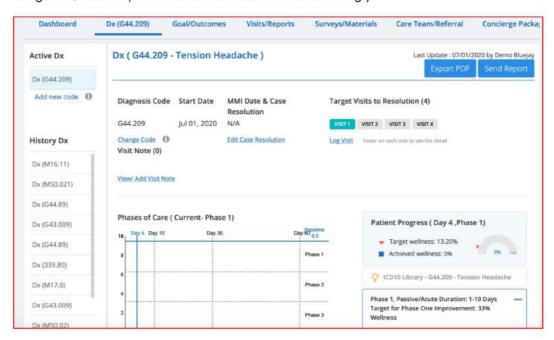


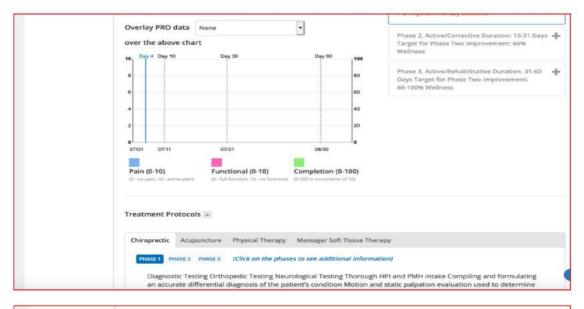
To view your current services, please go to My Account > Concierge & Setting.

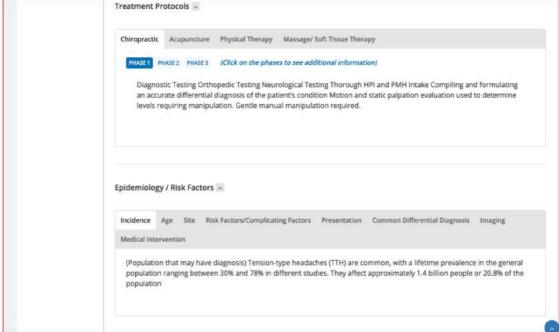
We will discuss about how to create concierge packages in the section 9.4 "Concierge & Settings".

3.7. Diagnosis Code (Premium Feature, Beta Version)

This feature allows the providers to get a recommended plan by the system in resolving a particular case or treating a patient. Once the provider enters a Dx code, an organized and systematic course of plan will appear allowing him/her to work up on an effective diagnosis, and map out the medical decisions accordingly.







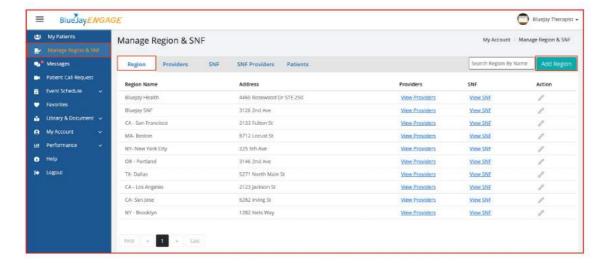
4. Manage Region and SNF (For Skilled Nursing Facility Users)

BlueJay SNF module skillfully keeps the track of all the provider-patient activities. It assists in organizing and scheduling video visits and other operations.

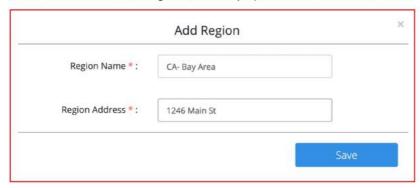
4.1 Region (Organizational Admin Only)

As an organizational admin, you can easily view the list of providers and SNF's in any region.

To add a new region in the list, click "Add Region" on the top right corner of the page.



Enter the name of the region and the physical address. Click "Save" to create this region.



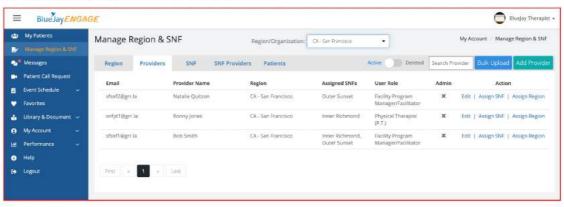
4.2. Providers

The "Providers" tab allows you to add new providers with respect to their specific region, SNF, user role, admin access control and more.

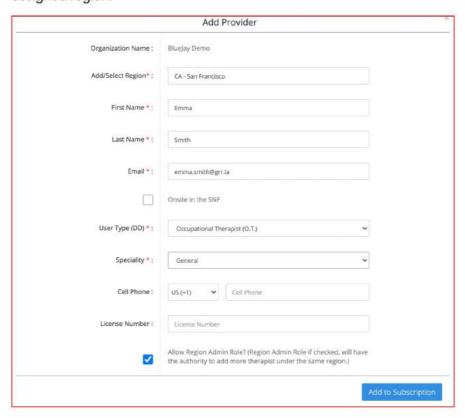
Providers can be of two types: Program Manager/Facilitator and Regular Therapists.



To add a new provider, select "Add Provider".



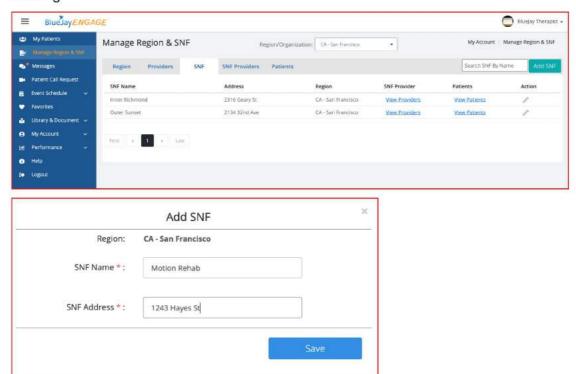
Fill in the required information. Select the check box "Allow Regional Admin Role" to set up a regional admin account. A regional admin can add/manage the providers in his/her assigned region.



4.3. SNF

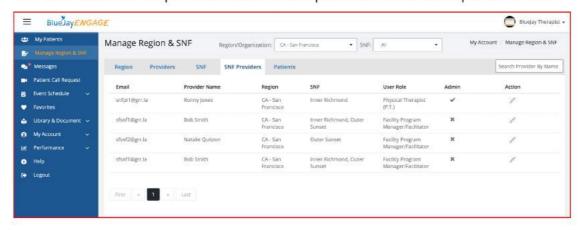
The "SNF" tab allows you to keep track of your SNFs alongside the lists of providers and patients.

To add a new SNF, simply click "Add SNF" then enter the name and the address of the building.



4.4 SNF Providers

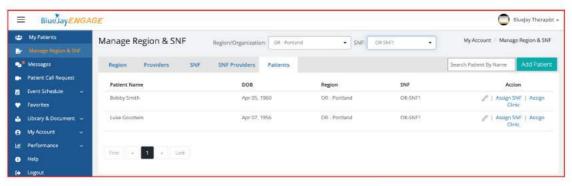
The "SNF Providers" tab provides more details of providers who work in a particular SNF.

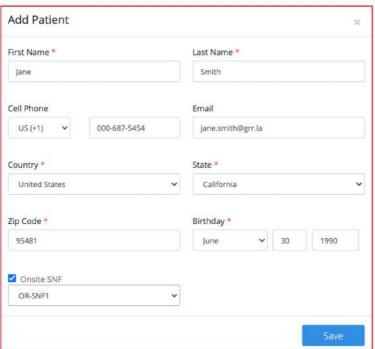


4.5 Patients

The "Patients" tab displays the list of patients with respect to their name, DOB, region and SNF.

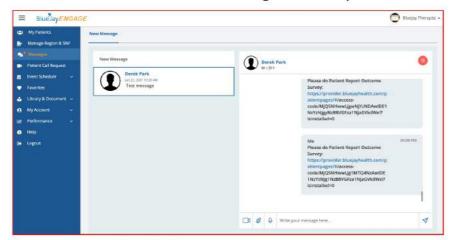
Select "Add Patient" to add a new patient. Fill in the required details and select a onsite SNF from the dropdown menu. Then click "Save".





5. Messages

Check your "Messages" box for unread messages and your latest conversation threads. You can send documents, voice recordings, or start a quick video call from this page.

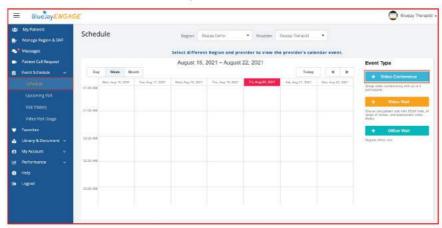


6. Event Schedule

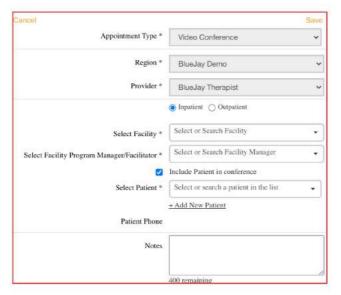
6.1. Schedule

To schedule an appointment, go to "Schedule", select an item under the "Event Type".

To schedule video conference, click '+ Video Conference' as shown in the image below.



You will be asked to enter patient's info, appointment date, appointment time, and the duration of the visit. Click "Save" to schedule the meeting.

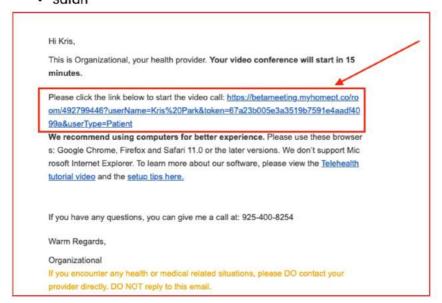


Now a new pop-up window will appear notifying the successful appointment creation. You can invite other meeting participants by sending the meeting link via email, text message or BlueJay In-App messages.

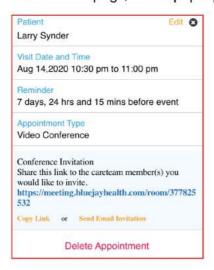


Once the appointment is confirmed, your patient will receive the appointment information from BlueJay. Your patient can open the meeting link through BlueJay Telehealth Mobile App or access it through any of the following browsers

- · Google Chrome,
- · Firefox,
- Safari



If you want to edit or delete any existing appointment, simply select the appointment from the calendar page, then a pop-up will appear as below:



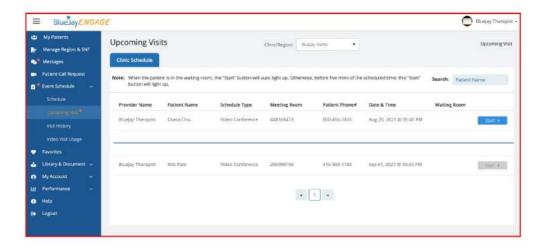
By clicking "Edit", you can edit the details of the appointment and then click save to update the meeting schedule.

In order to delete the appointment, select "Delete Appointment" at the bottom of the popup window.

6.2 Upcoming Visit

The "Upcoming Visits" tab allows you to view a list of upcoming visits. You can also start a call from this page.

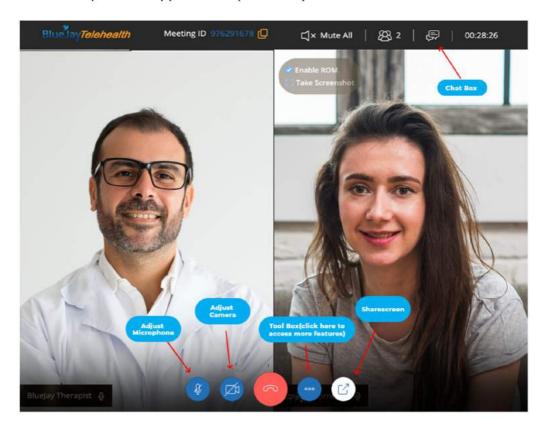
BlueJay will send three reminders per appointment via email and text message. The reminders are sent 1 week, 24 hours, and 15 minutes prior to the scheduled appointment.



6.3 Built-in Features During Telehealth Calls

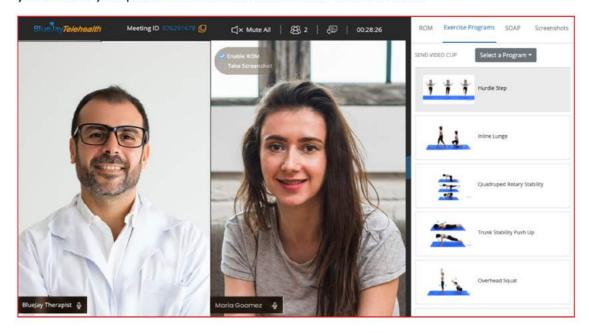
6.3.1 Control Panel

The control panel will appear when you move your cursor to the bottom of the screen.



6.3.2. Exercise Program

During a telehealth visit, you can simultaneously send and play video clips. This tool helps you observe your patients and correct them in real-time if needed.

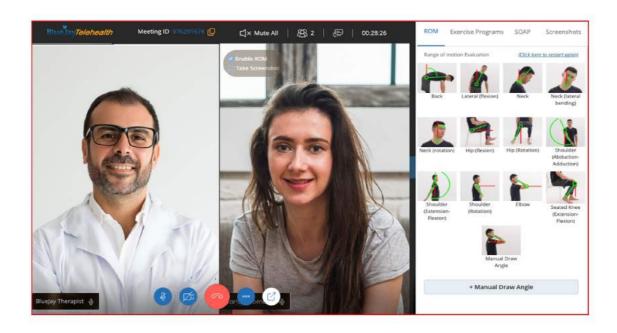


6.3.3 AI ROM & Manual ROM

ROM is helpful when the provider wants to measure or analyze the post-treatment effects on the body of the patient.

During the Telehealth meeting, providers can measure the range of motion by clicking the "ROM" button in the tools option.

- · A window showing different ROM options will appear.
- · Select a joint from the AI library, then take images of the patient
- BlueJay's algorithm will scan the patient's movements and provide the real-time results



In addition to the AI-ROM, you can use the "Manual ROM" option to manually measure your patient's range of motion.

Here's how to use the "Manual ROM" tool:

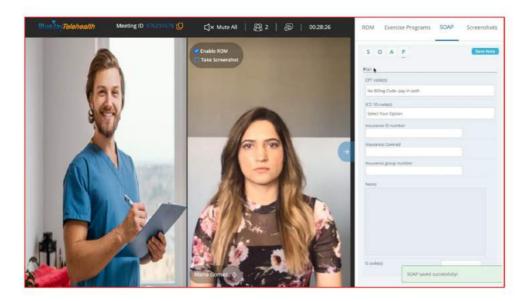
- · Take a picture of the patient in the neutral position
- · Use the annotation tool to draw a start line or make notes if needed
- Instruct your patient on the ROM assessment, then take another picture
- On the second picture, you will see the start line that you marked initially
- Use the "Angle" option to get the measurement result
- · Now click "Save".





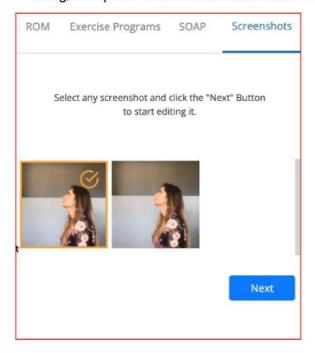
6.3.4 S.O.A.P Notes

You can record S.O.A.P notes during a telehealth visit. Your S.O.A.P notes will be sent to your registered email address after the meeting.



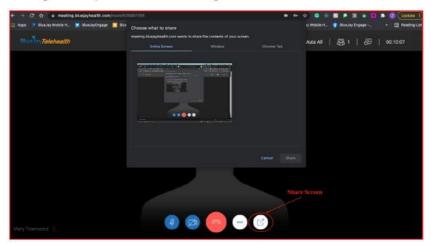
6.3.5 Screenshot

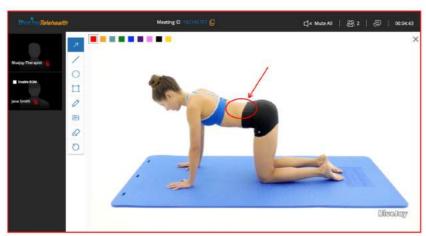
The "Screenshot" tab provides the capability to review saved screenshots. After the meeting, the system will send the saved documents to your email.



6.3.6. Whiteboard & Share Screen

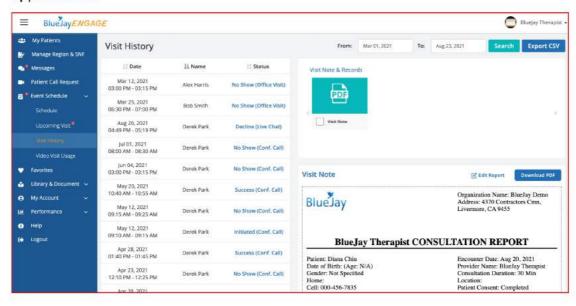
You can share your screen or use the "Whiteboard" tool to annotate on any shared images during BlueJayTelehealth meetings.





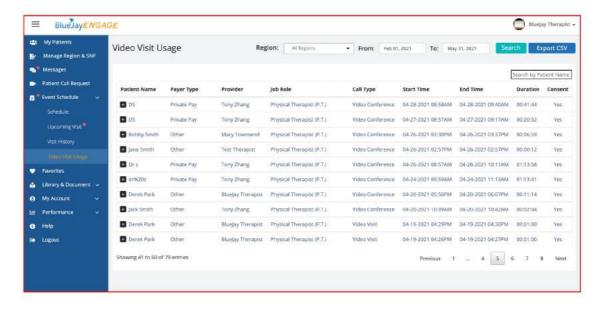
6.4. Visit History

This feature allows the provider to view, edit, and download the notes taken during the appointments.



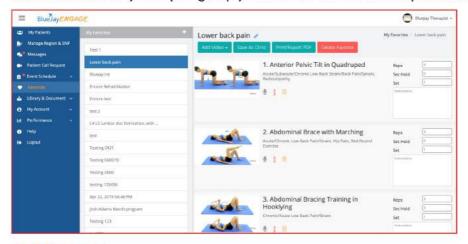
6.5 Video Visit Usage

The "Video Visit Usage" report provides the list of patients who joined your telehealth meetings along with their payer type, call type, signed consent and corresponding healthcare provider.



7. Favorites

This feature allows you to pre-group your favorite videos and keep them in one place.

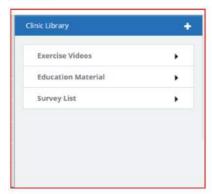


8. Library

8.1. Clinic Library

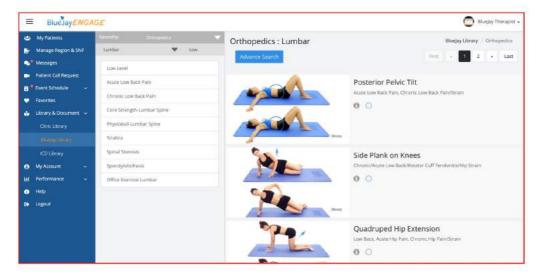
Clinic library is a collaborative working space where you can share the content with your colleagues.

You can upload your exercise videos, educational materials and surveys to the clinic library.



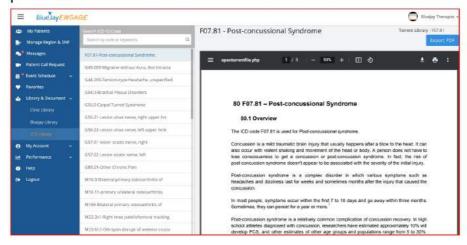
8.2. Bluejay Library

BlueJay Library comes equipped with more advanced exercise videos. These videos can be added to your favorite list and clinic library.



8.3. ICD library

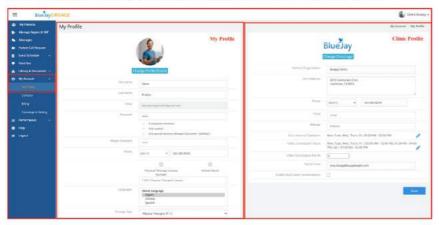
ICD provides details of different medical diseases/conditions, overview and diagnosis methods. You can either download each document or print it according to your preference.



9. My Account

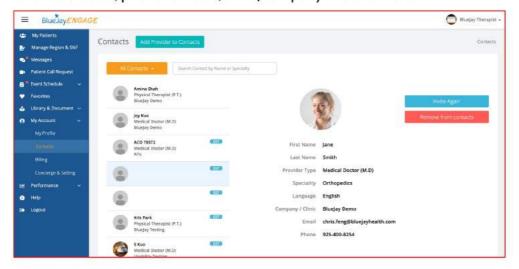
9.1. My Profile

You can edit your personal information in the "My Profile" section. If you are also acting as Clinic Admin/Owner, you can change the clinic's information.



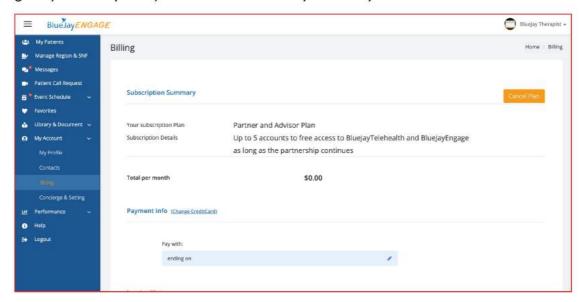
9.2. Contacts

The "Contacts" function allows easy access to provider's information, which includes their email addresses, phone numbers, clinic/company info and more.



9.3. Billing

In the Billing section, you can view the list of services you signed up for. This function also gives you the capability to view and download your history invoices.



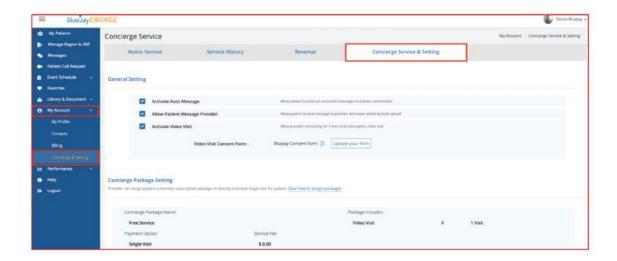
9.4 Concierge & Setting

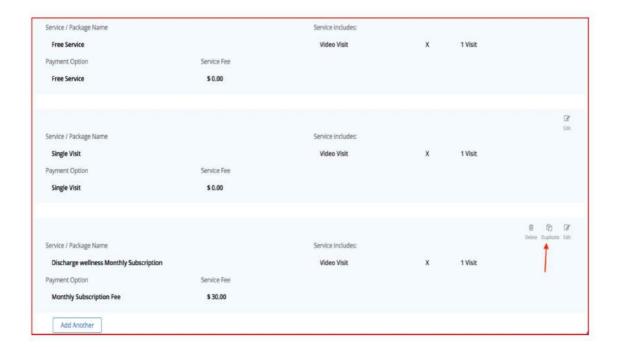
You can set up your customized service packages under the "Concierge Service & Setting" tab.

BlueJay offers 3 default service packages for you:

- · Free Service,
- · Single Visit,
- · Discharge wellness Monthly Subscription.

You can also create a new package by clicking the 'Add Another' button.





10. Performance

The "Performance" dashboard is a management tool that allows the clinic owner/admin to keep the track of all aspects of their clinic activities. For instance, total number of patients, number of visits, clinic revenue, average improvement, etc.

